

TOWNSHIP OF DUBREUILVILLE

HEALTH AND SAFETY POLICIES AND PROCEDURES

C-14

Section of Manual - C -	Effective Date March 20, 2014
Subject CONCUSSION AND TRAUMATIC HEAD INJURY	
Department Recreation Department	Resolution No. 14-124 By-law No.

PURPOSE

The Corporation of the Township of Dubreuilville recognizes that concussions and head injuries can result from contact in sports and have serious consequences if not properly evaluated and treated. The Township of Dubreuilville has adopted this Concussion and Traumatic Head Injury Policy (Policy) in order to educate and to establish a plan of action for coaches, teachers, employees, representatives, or volunteers of the Township (Managers) when a player (defined as an individual under the age of 18 years) suffers or is suspected of suffering a concussion during a sporting event.

NOTE: Sporting event is a physical activity that is governed by a set of rules or customs and often engaged in competitively.

POLICY

It shall be the policy of the Township that all Managers as well as parents/guardians of players will be familiar with the symptoms and signs of concussion and be prepared to take appropriate action as outlined below in responding to such incidents.

“When in doubt, sit them out!” Youth players are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” on the head, it is now understood that a concussion has the potential to result in death, or short- and long-term changes in brain function. A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Symptoms include (but are not limited to) transient confusion, disorientation, impaired consciousness, dysfunction of memory, loss of consciousness, seizures, irritability, lethargy, vomiting, headache, dizziness, or fatigue. Continued participation in any sporting event following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain and even death.

The well-being of the players is of paramount concern during a sporting event. Managers and parents/guardians are being asked to make all efforts to ensure that concussed players do not continue to participate. Thus, Managers and parents/guardians should all be looking for signs of concussion in all players and any suspected concussed player should immediately be removed from play.

All Managers will be familiar with and will receive a copy of this Policy. Parents/guardians will be provided a copy of this Policy as well as the Information Sheet and Parental Acknowledgment Form. These documents must be reviewed and the acknowledgment signed by the parent/guardian before the player will be allowed to participate in a sporting event.

Role of City coaches, teachers, employees, representatives, or volunteers (Managers):

Managers will NOT be expected nor will they be trained to “diagnose” a concussion. Diagnosis is the job of a qualified health care provider. Managers are being asked to use their best judgment in observing the signs, symptoms and behaviors associated with concussions. If a Manager observes questionable signs, symptoms, or behavior, he/she must remove the player from the sporting event for further evaluation and notify the player’s parent/guardian. Managers are not permitted to allow a player to resume activity until the Manager receives a written statement from a qualified health care provider indicating that the player is cleared to resume participation in the sporting event. The written statement must be provided to the Manager who removed the player from the sporting event. If that Manager is not available, then the written statement must be provided to the Manager’s supervisor or to a member of the Administrative Services before the player may resume participation in the sporting event.

In addition to reviewing the Concussion and Head Injury Information Sheet and this Policy, it is strongly recommended that Managers participate in a free online course on concussion management prepared by the Center for Disease Control accessed at http://www.cdc.gov/concussion/HeadsUp/online_training.html.

Role of Officials:

Officials are not Managers and will NOT be expected to “diagnose” a concussion. Officials are being asked to use their best judgment in observing the signs, symptoms, and behaviors associated with concussions. Officials will not be asked to give what could be perceived as a medical opinion. If an official observes questionable, signs, symptoms, or behavior, the official should notify the coach or a Manager, and the player should be removed from the sporting event.

Officials are not responsible for the sideline evaluation or management of the player after he/she is removed from play

Role of Parents/Guardians:

Like Managers, parents/guardians will NOT be expected to “diagnose” a concussion. However, parents/guardians are being asked to become familiar with the signs, symptoms, and behaviors associated with concussions. Parents/guardians will be required to review the Information Sheet and sign the Parental Acknowledgment Form indicating that the parent/guardian has read, understands, and agrees to abide by this Policy. Players will not be allowed to begin participating in a sporting event until the Parental Acknowledgment Form has been signed and returned to the Manager who removed the player from the sporting event. Parents/guardians will be expected to comply with this Policy and support the determination made by the Managers to remove a player from a sporting event.

It is the parent/guardian’s obligation to have the player evaluated by a qualified health care provider and to obtain from that provider a written statement (1) indicating that the health care provider has, within the last three years, successfully completed a continuing education course in the management and evaluation of concussion; and (2) that clears the player to resume participation in the sporting event. This written statement must be presented to the Manager who removed the player from the sporting event or to another authorized Manager before the player will be permitted to resume play.

NOTE: a qualified health care provider is a provider licensed by the Department of Professional Licensing and who may evaluate a concussion within the scope of his/her practice. Some examples include: physician, physician’s assistant, registered nurse, licensed practical nurse, physical therapist, or athletic trainer.

Mandated Course of Action:

1. Remove player from the sporting event.
2. Notify parent/guardian.
3. Any player suspected of having a concussion should be evaluated by a qualified health care provider as soon as practicable.
4. Before a player will be allowed to resume participation in a sporting event, a qualified health care provider must provide the Agent, who removed the player from the sporting event, with a written statement indicating that he/she is a qualified health care provider and that the player is cleared to resume participation in the sporting event.

NOTE: This policy is applicable only to Township teams, leagues, and sporting events. The Township is not responsible for implementing any concussion or head injury policy for independent teams, leagues, organizations, or associations that utilize Township fields or facilities.